

# Parkview Public School Canteen Menu – Term 4 2022

Canteen opens daily 10am to 2.00pm – Ph: 6953 2600

NEW  
PRICES

## Weekly Specials

### Monday

- \*Chicken Finger Salad \$5.00  
(Chicken Fillet, carrot, Cherry tomatoes, Snow Peas, Cucumber)
- \*Butter Chicken Meatball Sub (E) \$5.00  
(Chicken meatballs, Butter chicken sauce, Bread roll)

### Tuesday

- \*Pizza Pockets \$5.00  
(Wrap, Ham, Cheese, Tomato Sauce, Herbs)

### Wednesday

- \* Meatball Sub (E) \$5.00  
(Meatballs, Napoli sauce, Bread roll)
- \* Chicken Parmi Burger \$5.00  
(Chicken fillet, Napoli sauce, Cheese, Lettuce, bread roll)

### Thursday

- \* Burrito (E) \$5.00  
(Mince with Taco seasoning & Corn on a Wrap with Lettuce, Tomato, Cheese)

### Friday

- \* Chicken and Gravy Rolls (E) \$5.00  
(Chicken fillet, Gravy, bread roll)

## Daily Hot Food

- \* **Chicken Fillet Burger (E) \$4.00**  
(Chicken fillet)
- \* **Special Chicken Burger (E) \$4.50**  
(Chicken fillet, Lettuce, Mayo)
- \* **Salad Chicken Burger (E) \$5.00**  
(Chicken fillet, Lettuce, Tomato, Beetroot)
- \* **Cheesy Beef Burger (E) \$4.50**  
(Beef pattie, Cheese, Tomato sauce)
- \* **Salad Beef Burger (E) \$5.00**  
(Beef pattie, Lettuce, Tomato, Beetroot)
- \* **Hot Cheese Roll (E) \$2.50**
- \* **Toasted Cheese Sandwich (E) \$2.50**
- \* **Toasted Ham and Cheese Sandwich (E) \$3.00**
- \* **Wedges w/ tomato sauce (Tue Only)(O) \$5.00**
- \* **Sausage Roll with T/S (Thur/Fri only) (O) \$4.00**
- \* **Nuggets (Friday only) (O) 50c ea**

## Daily Salad Tubs and Wraps

- \***Salad Only (E) \$4.50 sml \$7.00 lge**  
(Lettuce, carrot, cucumber, tomato, beetroot, cheese)
- \***Salad \$5.00 sml \$7.50 lge**  
*with the choice of one of the following:*
- \*Ham (E) \*Chicken (E) \*Egg (E)
- Add 50c for any extras eg Egg & Chicken**

## Sandwiches/Rolls/Wraps

### Extra 50c for Rolls and Wraps

- Vegemite (E) \$2.00
- Honey (E) \$2.00
- Cheese (E) \$2.50
- Chicken (E) \$3.00
- Salad-no meat (E) \$4.50
- Ham Salad (E) \$5.00
- Chicken Salad (E) \$5.00
- Egg (E) \$2.50
- Egg & Lettuce (E) \$3.00
- Ham (E) \$3.00

**\*GLUTEN FREE BREAD AVAILABLE**

## Drinks

- Bottled Water (E) \$2.00
- Fruit Box (E) \$2.00
- Chocolate Milk (E) \$3.00
- Strawberry Milk (E) \$3.00
- Orange Juice (E) \$3.00
- Chill J (fizzy fruit juice) (E) \$3.00

## Recess – over the counter sales ONLY, no pre orders

- Full cup Custard (E) \$1.00
- ½ cup Custard (E) 50c
- ½ Toasted Cheese Sand (E) 50c
- Toasted cheese Sand (E) \$1.00
- Pizza Sub (E) 50c
- 2 Pizza Subs (E) \$1.00
- Red Rock Potato Chips (O) \$1.50
- Sour Cream Grain Waves (O) \$1.50
- Fresh Fruit (E) \$1.00
- ½ cup Jelly 50c

## Ice Blocks & Ice Creams

- Frozen Juice cups (E) 50c
- Quelch Sticks (E) 50c
- Snap Stick (O) \$1.00
- Lite Bulla ice cream cup \$1.50

## Extras

- Tomato Sauce Sachet 30c
- Forks 20c
- Spoons 20c
- Paper Bags 10c

Volunteer Helpers are always welcomed!

(E) Everyday (O) Occasional Foods from the guidelines

