

Parkview Public School Canteen Menu – Term 4 2020

Canteen opens daily 10am to 2.00pm – Ph: 6953 2600



Volunteer Helpers are always welcomed!

(E) Everyday (O) Occasional Foods from the guidelines

Weekly Specials

Monday

- * Savoury Muffin with Salad (E) \$4.50
- * Warm Chicken Wrap (E) \$4.50
(Chicken Fillet, Cheese & T/S)

Tuesday

- * Pizza Pockets (E) \$4.00
(Ham, T/S, Cheese, Herbs)
- * Chicken Finger Salad (E) \$4.00

Wednesday

- * Meatball Sub (E) \$4.00
(Meatballs, Sauce, Bread Roll)
- * Spag Bol (E) \$4.50
(Tomato Sauce, Mince, Carrot, Zucchini & Pasta)

Thursday

- * Burrito (E) \$4.50
(Mince with Taco Seasoning & Corn on a Wrap with Lettuce, Tomato, Cheese)

Friday

- * Chicken & Gravy Roll (E) \$4.00
(Chicken Fillet, Gravy, Bread Roll)

Daily Hot Food

- * **Chicken Fillet Burger (E) \$3.50**
(Chicken Fillet)
- * **Special Chicken Burger (E) \$4.00**
(Chicken Fillet, Lettuce & Mayo)
- * **Salad Chicken Burger (E) \$4.50**
(Chicken Fillet, Lettuce, Tomato, Beetroot)
- * **Cheesy Beef Burger (E) \$4.00**
(Beef Pattie, Cheese & Sauce)
- * **Salad Beef Burger (E) \$4.50**
(Beef pattie, Lettuce, Tomato, Beetroot)
- * **Hot Cheese Roll (E) \$2.50**
- * **Toasted cheese sandwich (E) \$2.50**
- * **Toasted Ham and Cheese Sandwich (E) \$3.00**
- * **Nuggets (Friday only) (O) 50c ea**
- * **Sausage Roll with T/S (Thursday only) (O) \$4.00**

Daily Salad Tubs

- * **Salad Only (E) \$4.50**
(Lettuce, carrot, cucumber, tomato, beetroot, cheese,)
- * **Salad \$5.00**
with the choice of one of the following:
- * Ham (E) *Chicken (E) *Egg (E)
- Add 50c for any extras eg Egg & Chicken**

Sandwiches/Rolls/ Wraps

Extra 50c for Rolls and Wraps

- Vegetemite (E) \$1.50
- Honey (E) \$1.50
- Tasty Cheese (E) \$2.00
- Chicken (E) \$2.50
- Salad-no meat (E) \$2.50
- Ham Salad (E) \$4.00
- Chicken Salad (E) \$4.00
- Egg (E) \$2.50
- Egg & Lettuce (E) \$2.70
- Ham (E) \$2.50
- Extras 30c

Drinks

- Bottled Water (E) \$2.00
- Fruit Box (E) \$2.00
- Chocolate Milk (E) \$2.50
- Strawberry Milk (E) \$2.50
- MIA Fresh Fruit Juice (E) \$2.50
- Plain Milk (E) \$1.50
- Chill J (fizzy fruit juice) (E) \$2.50

Recess

- Full cup Custard (E) \$1.00
- ½ Toasted Cheese Sand (E) 50c
- Pizza Sub (E) 50c
- Red Rock Potato Chips (O) \$1.00
- Sour Cream Grain Waves (O) \$1.00
- Fresh Fruit (E) \$1.00
- Fresh Mixed Fruit Cups (E) \$1.00

Ice Blocks & Ice Creams

- ½ Frozen Juice cups (E) 50c
- Quelch Sticks (E) 50c
- Sorbet's (E) \$1.00
- Ice Mony's (E) \$1.00
- Choc Ice Mony's (O) \$1.00

Extras

- Tomato Sauce Sachet 30c
- Forks 20c
- Spoons 20c
- Paper Bags 10c