

Parkview Public School Canteen Menu – Term 4 2021

Canteen opens daily 10am to 2.00pm – Ph: 6953 2600

NEW
PRICES



Volunteer Helpers are always welcomed!

(E) Everyday (O) Occasional Foods from the guidelines

Weekly Specials

Monday

- * Savoury Muffin w/ salad (E) \$5.00
- * Warm Chicken Wrap (E) \$4.50
(Chicken, Cheese & T/S)

Tuesday

- * Pizza Pockets (E) \$4.00
(Ham, T/S, Cheese, Herbs)
- * Wedges w/ tomato sauce (E) \$4.50

Wednesday

- * Meatball Sub (E) \$4.50
(Meatballs, Sauce, Bread Roll)
- * Spag Bol (E) \$5.00
(Tomato Sauce, Mince, Carrot, Zucchini & Pasta)

Thursday

- * Burrito (E) \$5.00
(Mince with Taco Seasoning & Corn on a Wrap with Lettuce, Tomato, Cheese)

Friday

- * Chicken & Gravy Roll (E) \$4.50
(Chicken Fillet, Gravy, Bread Roll)

Daily Hot Food

- * Chicken Fillet Burger (E) \$4.00
(Chicken Fillet)
- * Special Chicken Burger (E) \$4.50
(Chicken Fillet, Lettuce & Mayo)
- * Salad Chicken Burger (E) \$5.00
(Chicken Fillet, Lettuce, Tomato, Beetroot)
- * Cheesy Beef Burger (E) \$4.50
(Beef Pattie, Cheese & Sauce)
- * Salad Beef Burger (E) \$5.00
(Beef pattie, Lettuce, Tomato, Beetroot)
- * Hot Cheese Roll (E) \$2.50
- * Toasted cheese sandwich (E) \$2.50
- * Toasted Ham and Cheese Sandwich (E) \$3.00
- * Nuggets (Friday only) (O) 50c ea
- * Sausage Roll with T/S (Thur/Fri only) (O) \$4.00

Daily Salad Tubs

- * Salad Only (E)(GF) \$4.50
(Lettuce, carrot, cucumber, tomato, beetroot, cheese,)
- * Salad (GF) \$5.00
with the choice of one of the following:
- * Ham (E) *Chicken (E) *Egg (E)
- Add 50c for any extras eg Egg & Chicken

Sandwiches/Rolls/ Wraps

Extra 50c for Rolls and Wraps

- Vegemite (E) \$2.00
- Honey (E) \$2.00
- Tasty Cheese (E) \$2.50
- Chicken (E) \$3.00
- Salad-no meat (E) \$4.50
- Ham Salad (E) \$5.00
- Chicken Salad (E) \$5.00
- Egg (E) \$2.50
- Egg & Lettuce (E) \$3.00
- Ham (E) \$3.00

*GLUTEN FREE BREAD AVAILABLE

Drinks

- Bottled Water (E) \$2.00
- Fruit Box (E) \$2.00
- Chocolate Milk (E) \$3.00
- Strawberry Milk (E) \$3.00
- Orange Juice (E) \$3.00
- Chill J (fizzy fruit juice) (E) \$3.00

Recess ONLY

- Full cup Custard (E) \$1.00
- ½ cup Custard (E) 50c
- ½ Toasted Cheese Sand (E) 50c
- Toasted cheese Sand (E) \$1.00
- Pizza Sub (E) 50c
- 2 Pizza Subs (E) \$1.00
- Red Rock Potato Chips (O) \$1.50
- Sour Cream Grain Waves (O) \$1.50
- Fresh Fruit (E) \$1.00
- Jelly cup \$1.00
- ½ cup Jelly 50c

Ice Blocks & Ice Creams

- Frozen Juice cups (E) 50c
- Quelch Sticks (E) 50c
- Snap Stick (O) \$1.00
- TNT (O) \$1.00

Extras

- Tomato Sauce Sachet 30c
- Forks 20c
- Spoons 20c
- Paper Bags 10c